



Yoga Teacher Training Application

PERSONAL INFORMATION

Name _____ Date of Birth _____

To obtain your personal mantra, please provide your time and location of birth:

Time _____ City, State/Province, Country _____

Address Street No. & Name _____ Apartment/Suite number _____

City _____ Province/State _____ Country _____

Postal/Zip Code _____ Email Address _____

Phone Numbers _____

Home

Work

Mobile

Emergency Contact _____ Relationship _____

Phone Numbers _____

Home

Work

Mobile

YOGA EXPERIENCE

Years of Practice: _____ Frequency of Practice: _____ days/week _____ hours/day

Styles or traditions of yoga (provide any style of yoga that you have experienced):

MEDITATION EXPERIENCE

Years of Practice: _____ Frequency of Practice: _____ days/week _____ minutes/day

Styles or traditions of meditation (provide any style of meditation that you have experienced):

If you are a yoga or meditation teacher, please provide your training/certification details, years of teaching and tradition or style:

What does yoga and meditation means to you?

Why you want to become a yoga teacher?

What are your expectations in this program?

HEALTH INFORMATION

If you have any health concerns (physical or emotional), injuries (old or new) or limitations that could require modifications to your yoga and/or meditation practice, please provide this information below. Please note that your health condition is not a factor in your acceptance into the program, but will ensure that the program is adapted to ensure your safety and comfort. All information provided is kept strictly confidential. If you do not wish to submit this information via email, please contact us directly.

AGREEMENT

I, _____ certify that all information provided above is accurate to the best of my knowledge. I agree to attend 100% of the Amana Yoga Teacher Training (YTT) course requirements. If, for extenuating circumstances, I am unable to achieve 100% attendance, I will make arrangements to make up for missed time at my own expense and with the approval of the Amana Yoga Director of Teacher Training. I acknowledge that Amana Yoga has the right to withhold my certification if I fail to meet the course requirements or fail to develop the necessary skills to competently and safely teach yoga to others. I agree to conduct myself, as a teacher and a student, in a professional and ethical manner to contribute to a safe and respectful atmosphere of every yoga and meditation program in which I participate.

Tuition and Payment Options:

Tuition; includes binder, printed material and lunch on regular workshop dates	\$2900
Tax (HST @ 15%)	<u>\$435</u>
Total	\$3335

\$500 plus tax Deposit is due at time of application submission.

Payment Option A

Pay \$500 plus tax (plus tax=\$575) deposit at time of registration and \$2400 plus tax (plus tax = \$2,760) prior to the start of classes.

Payment Option B

Pay \$500 plus tax (plus tax=\$575) deposit at time of registration and five monthly payments of \$480 plus tax (plus tax = \$552) per month starting the first month that classes begin. Five post-dated cheques will be required before the first class.

Attendance Policy:

A minimum of 200 hours of YTT curriculum is required, 180 hours of which must occur with an approved Amana Institute instructor. There are no exceptions to this policy. If participants miss time during the YTT program, they are required to make up the hours missed by attending and paying for another program at the Teacher Training level with a certified Yoga Alliance teacher from Amana Yoga or at another facility as approved by the Director of Teacher Training. If fewer than 5 hours are missed, these hours can be made up by attending private classes at Amana Institute's studio at the participant's expense. When hours missed exceed 5 hours, additional hours must be made up at a program or workshop at the teacher training level, at the participant's own expense. Participants must make up these hours and the content in order to receive their certificate of completion.

Refund Policy for Withdrawal:

The \$500 plus tax (plus tax=\$575) deposit is refundable up to 30 days before start of the course. Once course starts there are no refunds. Concessions can be made for medical reasons with a doctor's note.

Signed,

Name

Date